**STAFF** 

Renee Clesi—Receptionist

**Bev Hinkle—Assistant Director** 

Carie Dick—Director

Tanya Jackson Bernie Schaeffer



#### ARNOLD F. HABIG COMMUNITY CENTER **OLDER AMERICANS**

1301 St. Charles Street, Jasper, IN 47546 Phone: 812-482-4455

www.jasperindiana.gov Monday-Friday 7:30am-4:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Center Closed	9:00 Exercise Class 9:45 Exercise Class 12:30 Dominoes	3 11:15 Blood Pressure Check 12:00 BINGO	9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Uno	9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney	6 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Tripoley 3:00 RSVP Catered Meal	7
8 Center Open 1-4:00	9:00 Exercise Class 9:45 Exercise Class 12:30 Hand & Foot 3:00 Money due for Amish Trip	7:30 Sign-up – for Derby Dinner Trip 12:30 Scrabble 12:30 Rook	9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Phase 10	9:00 Exercise Class NO 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	8:30 Mah Jongg 10:00 Singing Seniors 12:00 RSVP Lunch Bunch 12:30 Pay Me	14
15 Center Closed	9:00 Exercise Class 9:45 Exercise Class 11:00 Lunch Bunch 12:30 Uno	17 11:15 Blood Pressure Check 12:00 BINGO	7:00 a.m. Depart Schroeder for Covered Bridge Trip 9-10:30 Free Computer Assistance 12:30 Mah Jongg	9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	8:30 Mah Jongg 10:00 Singing Seniors @ Cathedral Health Care 12:30 Phase 10	21
Center Open 1-4:00	9:00 Exercise Class 9:45 Exercise Class 12:30 Rook	24 12:00 Catered Meal 12:30 Scrabble	25 9-10:30 Free Computer Assistance 12:30 Mah Jongg 12:30 Dominoes	9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	27 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	28
29 Center Closed	9:00 Exercise Class 9:45 Exercise Class 12:30 Texas Holdem	31 11:15 Blood Pressure Check 12:00 BINGO				30

### AVAILABLE DAILY AT THE CENTER



• WALKING: In climate-controlled banquet room, twenty-five (25) laps equals a mile. Available Monday - Friday from 8 a.m. until 3:45p.m.

#### • OUTSIDE WALKING TRAIL:

Each lap equals 1/3 Mile. Enjoy nature while you walk! Exercise and enjoy the beautiful fall weather.



- FITNESS ROOM: Open for your convenience Monday Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)
- <u>CARDS</u>: Card tables available for your use on a daily basis.



• <u>BILLIARDS/POOL</u>: Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.

• <u>COMPUTER LAB</u>: The computer lab is available for your personal use daily. Ryan is here to assist you every **Wednesday**from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.

#### **REGULAR SCHEDULED ACTIVITIES**

• <u>SINGING SENIORS:</u> Meet Friday mornings at 10 a.m. at the Habig Center to practice. They will be singing at **Cathedral Health Care** on **Friday, October 20th** at 10:00 am.



• BINGO: We will play Bingo at 12 p.m. on Tuesday, October 3rd, 17th, and 31st. We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. \*\*\*You may want to bring a sweater or jacket, it sometimes gets cool.

October 31st will be Halloween Bingo. Come in costume and win a prize!

• BLOOD PRESSURE CHECKS: Will be available in the Banquet Room starting at 11:15 a.m. on Tuesday, October 3rd, 17th and 31st prior to Bingo.



- EXERCISE CLASS: Every Monday and Thursday morning at 9 a.m. in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!
- EXERCISE CLASS: For more of a challenge, come in at 9:45 a.m. on Monday and Thursday mornings for group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.

\*\*\*<u>NOTE</u>: The 9:45 Class will not meet on Thursday, October 12th.\*\*\*



• <u>PUZZLES:</u> We have a puzzle on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile

#### **CARD TOURNEYS**

- Thursday, October 5th Cinch Tourney
- Thursday, October 12th Rum Tourney
- Thursday, October19th Sheephead Tourney
- Thursday, October 26th Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the tourney you are playing in.

- TEXAS HOLDEM: Will be played Monday, October 30th at 12:30 p.m. There is a \$1.00 charge for the chips and the winner receives the cash prize. Reservations are due by 10 a.m. the morning you play.
- <u>DOMINOES</u>: The Mexican Train version will be played at **12:30 p.m. on Monday, October 2nd and Wednesday, October 25th.** It is a fun game that is easy to learn. Everyone is welcome! Please call in by 10 a.m. the morining you plan to play.





- PAY-ME: A game similar to Rum but played with 3 decks of cards, including the jokers, will be played at 12:30 p.m. Friday, October 13th and October 27th. Please call in by 10 a.m. if you are coming in to play.
- TRIPOLEY: Bring your pennies to play Tripoley at 12:30 p.m. on Friday, October 6th. This game is lots of fun! Please call in by 10 a.m. if you are coming to play.
- SCRABBLE: Up for a challenge? challenge? Come in to play Scrabble at 12:30 p.m. on Tuesday, October 10th and 24th. Please call in by 10 a.m. if you are coming to play.

- PHASE-10: Will be played Wednesday, October 11th and Friday, October 20th at 12:30 p.m. It is a fun easy card game, Please call in by 10:00 a.m. if you are coming to play.
- <u>UNO</u>: A draw card game with a few special cards to keep the game interesting. Come in **Wednesday**, **October 4th and Monday**, **October 16th at 12:30 p.m.** to give it a try. Please call in by 10:00 a.m. to sign up.

- HAND AND FOOT: A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us Monday, October 9th and Thursday, October 19th at 12:30 p.m. Please call in by 10:00 a.m. if you are coming to play.
- MAH JONGG: Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. Please give us a call by 10 a.m. if you want to play. New players are always welcome.
- ROOK: Is a trick taking game with many variations. Come in at 12:30 p.m. Tuesday, October 10th and Monday, October 23rd. Whether you've played before or want to learn, come in and join the fun. Please call in by 10 a.m. if your coming to play.



#### \*\*\*SPECIAL ACTIVITIES\*\*\*

### ALL TRIPS AND ACTIVITIES ARE FOR DUBOIS COUNTY RESIDENTS 55 YEARS AND OLDER.

• LUNCH BUNCH: This month we will meet at the Jasper Pizza Hut at 11a.m. Monday, October 16th. They have a pizza buffet from 11:00 a.m. until 1:30 p.m. which includes a salad bar, pizza, dessert pizza, and cinnamon sticks for \$5.99 plus drink. You can also order from the menu. As always the meal is "dutch treat". Reservations are due to the Center by noon on Friday, October 13th. Come enjoy good food and visit with friends.



• CATERED MEAL: Join us for our catered meal on Tuesday, October 24th at Noon. Sander Catering will prepare fried chicken, cheesy potato casserole, green beans, glazed carrots, 7-layer salad, bread & butter, pumpkin pie and unsweetened iced tea. Cost of the meal is \$9.25 payable at the door. Reservations are due no later than 3 p.m. Friday, October 6th.

**BOOK CLUB:** Thursday, October 12th at 12:30 p.m. we will discuss The Mephisto Club by Tess Gerritsen. Our November book will be The Homecoming of Samuel Lake by Jenny Wingfield. The first Sunday in June is the Moses annual family reunion at the old home place in Arkansas. Every year Samuel Lake, a young preacher, along with his wife Willadee, and their children attend the gathering. For Willadee, the reunion is a precious opportunity to spend time with her mother and father. Just as the reunion begins, tragedy strikes with the untimely death of her father followed by the loss of Samuel's parish thus setting the stage for a summer of crisis and profound change. New members are always welcome.



• <u>SUNDAYS</u>: NOTE NEW HOURS!!!The Center is open from 1:00 p.m. to 4:00 p.m. the 2nd and 4th Sunday of each month for your enjoyment. We appreciate the volunteers who make this possible!

#### • BIRTHDAY & ANNIVERSARY:

If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!



• <u>BOOK SHELF</u>: The books are downstairs in The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



• <u>BRIDGE</u>: Free beginner and intermediate bridge lessons are available. Please call Cindy Kluemper at 812.482.3299 or Mary Ann Seng at 812.482.1101.



#### **COVERED BRIDGE TRIP**

Wednesday, October 18th

We still have a few seats left on this trip if you would like to go! We will leave Schroeder Sports Complex at 7:00 a.m. on Wednesday, October 18th for Mansfield, IN. We will return home at approximately 8:30 p.m. There is a lot of walking so be sure to wear comfortable shoes



#### **DAVIESS COUNTY INDIANA AMISH TOUR**

Wednesday, November 15th

Money is due Monday, October 9th by 3p.m. The cost of this trip is \$47 which includes transportation, meal, and guided We will leave Schroeder Sports tour. Complex at 9:00 a.m. Wednesday, November 15th.



#### **REMINDERS:**

- When signing up for trips, only 4 individuals per sign-up (phone call).
- All trips leave from **Schroeder Sports Complex.**
- There is a \$25.00 charge for all returned checks

#### **DERBY DINNER PLAYHOUSE** Friday, December 1st

Time to get in the holiday spirit! Join us for the Broadway musical adaptation of Charles Dickens most famous story. A Christmas Carol, the Musical. Friday, December 1st, busses will leave Schroeder Sports Complex at 9:30 a.m. Sign-ups start at 7:30 a.m. on Tuesday, October 10th by phone. Cost for the day is \$65, which includes the show, your meal, (coffee/tea and tip included) and transportation. Money is due to the Center by 3 p.m. on Monday, November 6th. Please have correct change if you are paying by cash. Thanks!

#### RECIPE OF THE MONTH

#### **CHICKEN POTATO CHOWDER**

1 teaspoon extra virgin olive oil

1 cup diced onion

1 cup diced celery

1 cup diced carrots

4 cups chicken broth or stock

2 cups diced cooked chicken

4 cups diced red potatoes, skin on

2 cups half and half

1 teaspoon paprika

12 ounces bacon

salt and pepper to taste

In a large soup pot, heat the olive oil over medium heat. When oil is hot, saute the onions for 5 minutes. Add celery and carrots, stirring frequently, saute for an additional 5 minutes.

Add chicken broth, chicken and potatoes. Increase heat to medium high and bring to a boil. Reduce heat, simmer for 10 min.

Add half & half and paprika. Cook an additional 10 minutes. Cook bacon until crispy. Crumble into large chunks.

Season to taste with salt and pepper. Stir in cooked bacon just before serving.

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!

## 5.4.

#### Get your Blood Pressure Checked

Wednesday, October 4th from 12:30 - 1:00 p.m.

#### **OCTOBER BIRTHDAYS**

Rafe Schaefer	5
Michelle Reller	7
Butch Bohnert	13
Alfred Coffey	23
Michael Lampert	24
Louise (Lou) Steckler	29



- We are working on a cookbook.
   If you have recipes to share, contact Rita at the center.
- Feel free to come to the Center 8:00-5:00, Monday, Wednesday or Thursday for your choice of games or cards.

#### HUNTINGBURG SENIOR CENTER OCTOBER 2017

There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others



The Huntingburg Senior Center has games and activities available for those who don't play cards including:

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Yahtzee	
Puzzle books	Sudoku	
Left, Right, Center		

Deer in the Headlights - A card and dice game. Several have learned to play and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

We have games scheduled for most days but you are free to do whatever interests you. You do not have to play the game of the day.

**Puzzles:** We have one started, come in and help put it together!



#### **CARRY-IN SUPPER**

Want to play cards and games in the evening? Come see us **Thursday**, **October 12th**. We will have a carry-in supper at 5:00 p.m. come to eat or come later. We will be open as long as people want to stay!

MEMORIAL GYM will open for walking Monday, October 30th.

Monday-Friday 5:00 a.m.—1:30 p.m. Saturday 5:00 a.m.—11:00 a.m.

Join *THE SENIOR FUN GROUP* every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. You will also receive free coffee and popcorn.



# OCTOBER 2017



### HUNTINGBURG SENIOR CENTER 309 N Geiger St Huntingburg IN 47542 812-683-2994

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 12:30 Cinch Tourney Sponsor: Brookside	3 1:00 Bowling	4 12:30 Blood Pressure Checks 1:00 BINGO Sponsor: So. Care Hospice 2:00 Cards & Games	5 10:00 Crafts 1:00 Cards & Games	6 1:00 Bowling	7
8	9 12:30 Euchre Tourney Sponsor: The Timbers	10 1:00 Bowling	1:00 BINGO Sponsor: St. Charles 2:00 Cards & Games	5:00—? Cards and Games	13 1:00 Bowling	14
15	16 12:30 Cinch Tourney Sponsor: Angels of Mercy	17 1:00 Bowling	1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	19 10:00 Crafts 1:00 Cards & Games	20 1:00 Bowling	21
22	23 12:30 Euchre Tourney Sponsor: Willowdale	24 1:00 Bowling	1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	26 10:00 Crafts 1:00 Cards & Games	27 1:00 Bowling	28
29	30 12:00 Carry-in Lunch 1:00 Cards & Games	31 1:00 Bowling				